

The history of Cardiogoal

- **Date of creation** : June 2011
- **Its founder** : Ludovic Wampouille, professional firefighter in the Pas de Calais in the Hauts de France.
- **The origin of Cardiogoal ?**

Originally Cardiogoal is both a adapted program preparing the firefighters for a stress test called "Luc Léger", annual test of fire fighters in France and a study on accidentology related to team sport, mixed and intergenerational.

It is only afterwards that the desire to make it a collective sport will be born.

- **Description of Cardiogoal**

- A sport, **collective, mixed, contactless** -
1st collective sport created in France

- On the principle of the «Luc Léger» stress test, the game consists of back and forth on 28 m x 15 m of land. The goal for players is to pass «the comet» (spiral shaped foam balloon) in one of the three colored rings (the goal). The goal and the ball were added for give players a stake and so erase physical difficulties and of the stress test of «Luc Léger».

- **Development of Cardiogoal**

To make Cardiogoal accessible to the general public, as a **collective sport** but also as an **Adapted Physical and Sports Activity**, a first association will be created in 2012 «association Cardio and Co» in Boulogne-sur-Mer. Other associations will then be established in France and will be grouped under the aegis of the **Cardiogoal's French League**.

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The missions of the Cardiogoal's French League (CFL)

The CFL is a French law 1901 association founded on 28 June 2016, bringing together the clubs of Cardiogoal and organizing the competitions at the departmental, national and even international levels.
But its mission goes beyond !

- The creation of trainings (activity leader, referee) ;
- To go on studying cardiovascular exertion and accidentology in collective sport ;
- To offer a comprehensive insurance to members as well as affiliated clubs ;
- To demonstrate that the activity can be **mixed** and that interactions and cooperation in sport are possible ;
- To develop the activity in the **disability sector and adapted sport** ;
- To carry the Cardiogoal and its educational impact with young people through trainings, study projects, initiations (in schools, colleges, high schools, Universities, sports-oriented jobs, companies...).



The impacts of Cardiogoal

▲ A mixed sport suitable for all !

Cardiogoal is a **revolutionary sport** which can also be practiced in **wheelchair or race blades**.

The association of Cardiogoal handisport of Boulonnais «Les Centaures», created on 9 April 2018, is the first collective sport club in Handisport, in the Agglomeration History, 116,014 inhabitants, 22 municipalities.

▲ A playful and educational sport !

Around Cardiogoal, animation equipment was created. But it is more fun and pedagogical tools: coloured baskets Pop Up, point markup pad, yellow, blue, red balls and teaching sheets. They promote the awakening of the 3 years old child and offer an educational tool for teachers, teachers of physical education, educators...

